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NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 3 NO. 12

NEWARK, NEW JERSEY

FEBRUARY, 1986

Bishop Tutu Speaks At St. Joseph Plaza

Another chapter in the annals of Newark's black history was written on Sunday, January 12, 1986 as South African Bishop Desmond Tutu addressed an overflow crowd of 200-300 people in the atrium of New Community's St. Joseph Plaza. The

porations that do business with South Africa.

The ceremony at St. Joseph Plaza was the only stop Tutu made in New Jersey in his 3 week tour of the United States. Archbishop Gerety in "presenting" Bishop Tutu expressed



Newark Archbishop Peter L. Gerety (left) and Rev. William Linder, pastor of St. Rose of Lima Church (right) share a moment with South African Bishop Desmond M. Tutu and NCC's treasurer, Mrs. Mary Smith.

speech was carried by loudspeaker to the crowd gathered outside.

In his talk, Bishop Tutu commended Gov. Thomas H. Kean for his moral leadership resulting in New Jersey being one of the first states to have economic sanctions against South Africa. Last year, the State divested state pension funds from cor-

his delight that he came to New Community, which has been doing such fine work here in Newark. The Archbishop quoted Pope John Paul II's address of March 1985 at the International Court of Justice in which he referred to the Christian covenant as an unbreakable bond between God

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First Resident Arrives!



Annie L. Saunders, sitting between her nieces Ruby Dawson (on left), a member of the original Board of NCC, and Carrie Rose, receives a warm welcome from Rev. William Linder (kneeling) as Connie Ford, the Extended Care Facility's director, and Dr. Paul Kearny look on.

Extended Care Facility Dedication And Grand Opening Held

It was a bitter cold day outside, but inside The New Community Extended Care Facility there was a warm glow, as old friends of NCC met once again to celebrate another proud accomplishment — the opening of the beautiful New Community Extended Care Facility.

In the invocation Archbishop Peter L. Gerety asked that the new facility be blessed and "a place of healing and of comfort to its residents and clients. He also asked God's blessing "on all who come here and work here."

Executive Director Connie Ford pledged quality care to all who made use of the facility, through effective management and shared with those gathered some of the special needs of the urban elderly — different from the suburbs. Many need clothes, she told them, explaining how one patient had come to them in a blanket and a hospital gown and had nothing else. "Many have lived alone, and don't have visitors," she went on, "and must adjust to having a roommate and even to seeing other people." She applied a saying "let us live while we live" to those in her care and explained that the new facility will not be a place to come to die, but where people can "live while they live," and the help and caring of all involved will make the difference. She spoke of the help that all people could be, volunteering in the gift shop, feeding the residents and donating clothing. "We need your community support,"

The honorable George Branch, Newark Councilman, made a point in discussing how the new facility came to be, when he said that the staff of New Community "doesn't let up," when they want something, but admitted it was a pleasure to answer the phone when good things are happening.

Ms. Mary Smith spoke for NCC when she said that New Community has done a number of things in Newark but "it has always strived to make a healthy community, a community where we all feel good about raising our families and where we can bring our visitors with pride and self-esteem." She attributed success at that to good leadership and pointed to the new facility as one example of this, thanking Mayor Gibson for his help. She also looked to the future, as New Community always does, and when asked about a new recreation center was assured that some dedicated money was already set aside.

Mayor Gibson talked about the history of NCC and the visits he made to the suburban churches 18 years ago to tell of the plan for a new community. He was told, "you guys gotta be kidding." He wished they would come back and visit and see what can be done with **dedicated** leadership. "This is in my opinion the best, most successful community-based development group anywhere," he told the audience, "and I'm very proud of it." Gibson lauded the group for their



Gov. Thomas H. Kean makes a strong point in his dedication speech.

planning, pointing out that the size of the facility was small enough to provide the kind of care that was necessary here.

In his introduction of the Governor, Dr. Paul Kearney, medical director of the Extended Care Facility revealed to the group Kean's dedication to Babyland and New Community over the years. "He came down to help them and he is back here helping now." Dr. Kearney also said he couldn't get over New Community. "I don't know how they ever did it — they turned Newark around."

Gov. Thomas H. Kean stated "We talk often of dreams and of dreamers and of people who have ideas and hopes, and so often when somebody comes in and says 'This is what we

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—Who's Who At The Extended Care Facility—

Assistant Administrative Director

Sister Pauline is a native of Boston and entered the Sisters of Charity in 1963. She studied at both Boston College and Boston University.

While in Massachusetts she was an elected representative from Roxbury, Massachusetts to **Model Cities**. She was also a board member and officer of the Roxbury Comprehensive Community Health Center. Sister was on the Sisters Senate of the Archdiocese of Boston and taught on both the elementary and high school levels in Massachusetts and New Jersey.

She is a former member of the Archdiocesan Pastoral Council here in Newark as well as a present member



Sister Pauline

of the Sisters Assembly of Newark.

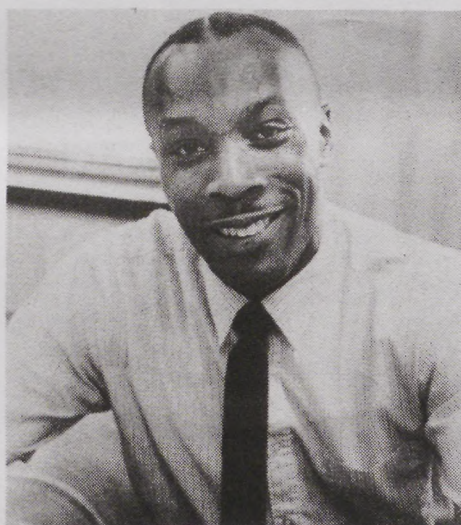
While at the New Community Extended Care Facility she would like to provide an atmosphere of enablement. She likes to encourage residents to be and do all that he/she wants and to believe in their own potential. She will try to help staff develop feelings of self worth that come from doing and learning new job tasks which lead to greater self-satisfaction and economic stability. For all, she would like to develop a true sharing and learning community.

Activities Director For Extended Care

Byron Jones was born in Cambridge, Massachusetts and attended Kent State University Kent, Ohio where he received a B.A. in Journalism and Public Relations with a minor in theatre. He was with the

Junior Black Academy of Arts and Letters in Dallas, Texas as an actor, singer, dancer and was also a member of the 7th Army Soldiers Chorus, Heidelberg, Germany. Byron was also a Telecommunications Specialist in the U.S. Army in Berlin, Germany.

His experience in the arts includes singing with the Cleveland Opera Chorus, Cleveland, Ohio and acting with Karamu House Cleveland, Ohio under the direction of Mike Malone



Byron Jones

who is presently here in Newark with Creative Images. He was also a recreation leader with the City of Akron, Ohio, Department of Recreation and other organizations. While in Ohio he received a 3rd Degree Belt in Tae Kwan Do Korean Karate.

His hobbies include reading, sports and meeting new and interesting people. Byron is especially interested in activities for all age groups and realizes the importance of an active life balanced with love and understanding for all regardless of age or race. He feels activity, mental, physical and spiritual, is essential to wholeness.

Receptionist

Answering questions about Newark should come easily to Diane Nash, receptionist at the New Community Extended Care Facility, for she was born and raised here.

After graduating from Weequahic High School she went to work in a clerical capacity for the Internal Revenue Service and subsequently received a Good Achievement Award from them. She has also worked as a teacher's assistant with 4 year olds and enjoyed that very much, since she has a 7-year-old son.

Later, she went to work for Bamberger's and learned how to



Diane Nash

work the IBM computer system while doing merchandise control. She hopes to pursue computers further.

Here at New Community she is now increasing her job experience by learning how to operate the phone console.

In her time at home Diane likes music, sewing, reading and to raise her child.

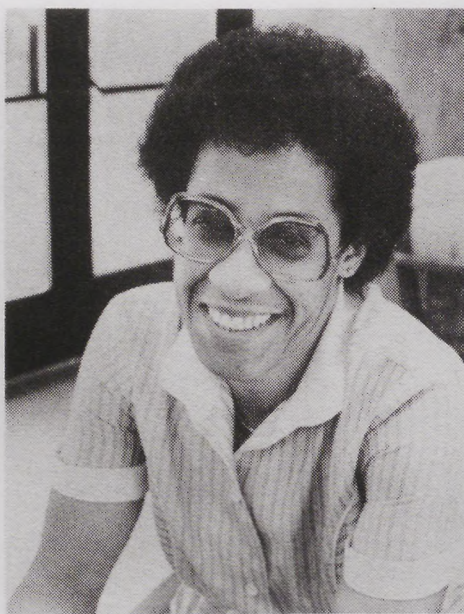
Adult Day Care Nurse

LaVerne Parish, RN, is the nurse for the Medical Adult Day Care Program at the NC Extended Care Facility. She was born in Montclair, N.J. LaVerne is a graduate of Martland Hospital School of Nursing in Newark, N.J.

She was employed by United Hospital Medical Center for 12 years and for the last five years had the position of Head Nurse in the Adult Critical Care Unit. LaVerne was employed for 1 year in Prince George's County Health Dept. in the substance abuse clinic. Most recently she was employed as a Public Health Nurse for the Community Health Care of North Jersey, Inc.

Ms. Parish is happy to be a member of the New Community family because of the positive directions they are providing for the community.

LaVerne is the mother of a six-year-old son Chad. Her hobbies are skiing and reading. She is also Vice President of the Parent-Teacher Organization of Faith Temple New Hope Christian School.



Laverne Parish

Activities Director For Day Care

Ms. Bailey was born and lived in Trinidad, West Indies for the first nine years of her life. She moved to the United States in 1970 where she has been diligently involved with community groups and educational institutions. She received her Bachelor's Degree from Rutgers University (New Brunswick Campus) where she also taught introductory social work courses on both Douglas and Livingston campuses. Jacqueline still managed to maintain an academic average which placed her on the Dean's list while completing her B.S.W.

Jacqueline graduated with honors from the Atlanta University School of



Jackie Bailey

Social work with a concentration in corporate social work/administration.

Ms. Bailey has worked at her profession in the states of Georgia and New Jersey. She recently was the coordinator of a Teen Pregnancy Program in Jersey City and a family counselor.

She is engaged to a financial analyst at Bell Laboratories in Murray Hill and will be wed this June.

Her hobbies include reading, extensive research, computer operation, horticultural activities and sports.

Executive Housekeeper

Betty was born and educated in Belize, British Honduras and came to the United States in her late teens.

Between various positions in the health care field, she was kept busy raising her family and moving upward in her housekeeping career.

She has been involved for several years with the National Executive Housekeeping Association and the Mother's Club of The Academy of St. Aloysius in Jersey City.

Betty is looking forward with anticipation to a future at the New Community Extended Care Facility filled with opportunities and challenges. She has been working especially hard to have the facility sparkling and in order for its grand opening celebration. She is excited about having the opportunity to "start from scratch" with a lovely new building.

Betty is the mother of John, 20, Jennifer, 17 and Pia, 10. She enjoys bowling, sewing and cooking as hobbies.



Betty Garbutt

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

PUBLISHER: New Community Corporation
EDITOR: Patricia A. Foley
PHOTOGRAPHER: Eva Obermeyer
Send to: The Clarion
c/o New Community Corporation
233 W. Market Street
Newark, New Jersey 07103
(201) 623-2800
Circulation: 9,000

Dedication Held...

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can do to a neighborhood, this is what we could do for a city,' people say 'you can't do that, but that's impractical,' or, 'that will cost too much money,' or, 'people won't really follow through on that.' Well it can happen. It can happen if you have dedicated people to follow a dream." He described how Mary Smith and Father Linder and Dr. Kearney and all who helped them had "started from an acorn," and with nurturing and never giving up they were able to turn their dream into a reality. "Once I said 'can I help,' they never let me forget it," he said, drawing laughter. That kind of perseverance and strength has made New Community what it is." Kean compared New Community's mission to that of Nehemiah's biblical mission to rebuild the city of Jerusalem and called them modern Nehemiahs. He also reminded the audience of Hubert Humphrey's saying that "the test of a city is how it cares for its old and cares for its young." "That's what you've done," he told the group. He called New Community a model for the state, the cities and the nation and expressed a desire for people to come from Washington D.C. and from other states to see what had been done.

The 180 bed extended care facility is only the latest of New Community's efforts Gov. Kean pointed out and remarked that NCC had done so much to rebuild the city. "For 18 years you have been rebuilding...it's incredible what New Community has accomplished," he went on, pointing out that NCC has a total investment in the city of 102 million dollars.

In bringing the affair to a close, Father Linder summarized for those present NCC's plans for the future such as affordable housing, an urban center city industrial site, a housing plant, a neighborhood shopping center — and as a result, many, many jobs for the people of Newark. He stressed the cooperation needed from the City and the State to do all this and pointed out they would bring in much needed taxes.

Father also stressed that the new extended care facility would accept Medicare and Medicaid clients.

He asked everyone to keep the work of New Community in their prayers.

Guests were given tours of the new facility after the ceremonies, and enjoyed a delicious buffet prepared by the hard working and talented kitchen staff.



Executive Director Connie Ford, standing before Governor Kean and many local officials, addresses a large crowd attending the opening ceremonies.

Infection Control Taught



Dr. Tosca Kinchelow lectures at an orientation meeting at the Extended Care Facility.

Dr. Tosca Kinchelow, M.D., Medical Director of the Medical Day Care Center and Communicable Disease Specialist for the facility, presented the Infection Control inservice to all employees during orientation.

Dr. Kinchelow stressed the importance of proper handwashing technique after contact with each resident to prevent the spread of infection. She reviewed the policy on

Employee Health and the importance of employees who may have contacted any type of communicable disease to have their physician evaluate them prior to returning to his/her duties.

Dr. Kinchelow will be working very closely with the nursing and medical staff to monitor and advise treatment for residents diagnosed with an infection.

Impressions

What Do You Think Of The New Facility?

Edward Lenihan - President of Renaissance Newark, Inc.

"From the beginning of Renaissance, those that are involved in the downtown effort have said that the true Renaissance is not going to be the shiny office buildings of the downtown area, but the rebuilding of the entire City of Newark for the entire population of Newark. Providing the Extended Care Facility is meeting one of the real great needs of the community. It is building in the minds of those in the city greater hope for the future that those in the city now are providing; not only services for today but the needs of the future — to help for today and for tomorrow and for a lifetime. And the ones involved in planning and in building are caring people."

Most Rev. Peter L. Gerety, D.D. - Archbishop of Newark

"It's always nice to meet the people of New Community and I know this meets a great need and its been done by the people themselves; so I say God Bless the effort. It's a wonderful example of what can be done when we get together."

Most Rev. Joseph G. Francis, S.V.D., D.D. - Vicar of Essex

"I've been involved in terms of visiting the many, many extended care facilities and I think this is the finest one I've ever seen. Again it's a tribute to the kind of vision that New Community has which is all over this city, and if the City of Newark had the same vision it could be a total 'new community.'"

Harry Pappas

"It's a remarkable facility. It's a credit to New Community Corporation; it's a credit to Newark; it's a credit to the New Community family. It's a marvelous building. It's certainly going to be a highlight for the City of Newark and certainly a highlight for Essex County."

Kenneth A. Gibson - Mayor of Newark

"This is a gorgeous facility. I haven't made a tour yet, but if the rest of it is anything like what I've seen so far, it has to be one of the most outstanding facilities in the state."

James R. Cowan, M.D. - President and Chief Executive Officer United Hospitals Medical Center

"It's one of the best facilities in the state. I certainly think New Community has done an outstanding job in developing such a facility in Newark. There's no question there's a need for an extended care facility in this area. I, as a chief executive officer of a hospital, know very well because we have many patients that we couldn't find placement for in nursing homes. Certainly now our relationship being in Newark with Connie Ford and with Father Linder gives us an opportunity to get some of those patients out of the hospital and keep my bottom line in order. It's really a beautiful facility. I think it's well done, well equipped and I think a great service to the people it's going to serve here in Newark."

George Branch - Newark Councilman

"I think this facility is going to have a tremendous impact on the residents here in the Central Ward, particularly our senior citizens. It's located right here in the heart of the Central Ward within walking distance, and that's going to make it good for all our senior citizens. To have this facility here, it means a lot to all of us. I'm just proud to be a part of it, proud to live here all my life and see all these kinds of things happening. I hope that more things can happen. As a result, our residents can benefit from the facilities and all the other things New Community is doing."

The SANDWICH Shop

At St. Joseph Plaza
233 W. Market Street
Newark, New Jersey



SUMPTUOUS SUNDAY BRUNCH 9 A.M. — 2 P.M.

Scrambled Eggs • Corned Beef Hash • Crabmeat Au Gratin
Baked Ham w/Apple Sauce Glaze
Beef and/or Pork Sausage • Bacon
Southern Fried Chicken • Shrimp Creole • Pasta
Hash Browns • Rice, Grits • French Toast • Toast
Corn Muffins • Buttermilk Biscuits • Rolls
Apricot Nut Bread • Carrot Bread • Fresh Fruit Bar
Pink Champagne Punch • Coffee, Tea, Iced Tea, Milk
Old Fashioned Lemonade • Orange Juice • Grapefruit Juice

All You Can Eat!

Adults — \$5.95 • Children 12 & under — \$3.00

"Better Jobs" Program For College - Educated Launched

New Community Employment Center announces the commencement of a new program, called "Better Jobs", designed to obtain better jobs for those with the requisite skills. While it is aimed primarily at the college-trained, this program will benefit all those who have received substantial advanced training in specialized areas.

Help is Needed

About half of New Community Employment Center applicants have had at least some training beyond high school — and many have bachelor's degrees and more.

Up to now we had contended ourselves with giving support and suggestions to most college graduates that came to us. It seemed that others needed our help more urgently.

However, when we checked back we found that many of the same people who were seeking employment a year ago are still unemployed or are working at levels that are far below their potential. In many cases they are not working in the field in which they were educated. In short, they too need our help.

Personal Approach

One reason that NCC Employment Center has been so effective is our personal approach. Each employment applicant receives a personal interview and attention to his or her employment objectives. Similarly, every employer's job opening listed with us also receives individual attention to insure that we refer employment candidates that fully meet the employer's stated requirements. Our extensive crossfiles help us make these connections. Both the personal attention and the sophisticated filing system are ideally suited to dealing with applicants with higher educational levels.

This personal attention to the needs of the applicant takes many forms. For the more highly educated it must include resources to help them analyze their own self-marketing needs and carry on an effective self-sales program. Much more critical attention is paid to resumes and to use of the full range of channels for finding the right job. I personally have used the multi-channel approach and have obtained jobs for myself through five different channels — and that does not include the most popular channel, answering classified ads, as I never actually found a job that way!

Transportation

College trained people often provide a different relationship between public transportation availability, distance to be traveled and commuting costs. For better or for worse, it is not unusual for people to be crisscrossing the whole New York metropolitan area daily to fulfill their ambitions and more specialized employment needs. So, for our college graduates we are looking beyond the comparatively limited opportunities for many of them in the nearby area, recognizing that many more of the college graduates have cars or will have cars when they are employed.

Also, public transportation possibilities are good

Pool of Jobs and Job Seekers

The NCC Employment Center has also prospered because we have satisfied the employment needs of a large number of employers who call us regularly with their job openings. Since we place large numbers of job seekers, this helps to draw in a large pool of employers with which to work. We do not have this same kind of pool effect in the specialized areas represented by the college educated job seeker, so this requires a higher level of specialized outreach and creativity on our part and the part of the job seeker.

How You Can Help

In this area each of you can be helpful in two specific ways, 1) Tell college-trained people, particularly those who are not progressing in the specialty for which they have been trained about our services, and 2) Tell us about college level job openings.

Job seekers can reach us any business day at (201) 643-3828. Ask for John Bins or mention "Better Jobs." Resumes can also be sent to John Bins at NCC Employment Center, 15 Hill St., Newark, New Jersey 07102. Evening appointments can be arranged for those already employed who need our help to progress.

But our biggest need will always be jobs — and in this case jobs specifically for college trained job seekers. Jobs sites can be anywhere in New York City and Northern New Jersey, although we will be targeting those parts of the area readily available to Newark by public transportation, for those who have not obtained their own cars. For example, 90% of Manhattan below 48th Street is within a 20 minute walk of a Path Station connecting it directly with Newark. Similarly areas of Morris, Union, Hudson and Bergen Counties can be reached with direct bus connections. If in doubt about a job possibility, call us.

We are also particularly attentive to job opening tips. If you know or suspect that there will be an opening in a job at **any** level, in a company you or a member of your family know of, just give us a call and give us a chance to develop the possibility of an opening.

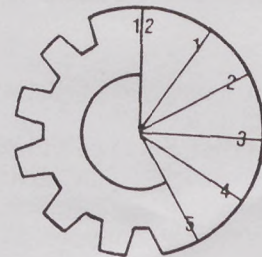
John Bins

New Community Employment Center Orientation

Looking for work can be frustrating, and lonely. Oftentimes someone who is actively seeking employment feels rejected and of no real value as their search for work seems endless and non-productive. Many people end up feeling that they are alone in their frustration.

One of our main emphasis here at the Employment Center is to assure each applicant that they are important and that their individual circumstance is important to our staff. Also, it is very important to understand that others are facing the same

WANTED



JOB SEEKERS —

Particularly college trained people who have not progressed in their specialty — and all others looking for work.

JOB OPENINGS —

For college trained individuals, anywhere in New York City or Northern New Jersey — or any job in Newark and vicinity.

CALL:

New Community Employment Center
15 Hill Street
Newark, New Jersey 07102
201-643-3828

If you or someone you know are aware of a possible job opening up, just give us the name and location of the employer (and telephone number if available) and let us check it out. Many thanks.

Youth Update

As of August, 1985, one year after New Community Employment Center came into being, a counselor was finally available to work full-time exclusively with youth, ages 16 through 21. Sparked by statistics gathered in those first six months of 1984 that revealed poor placement of youth, an aggressive remedy was launched.

The results are impressive. Between August and November of 1985 we have already placed seventy-five (75) youths — a more than 300% increase from last year! Impressive too, is the fact that even though retention rate was not initially improved, there

has been a steady increase since September to the point where in November, 64% of those hired remained in their jobs for more than six weeks. Another interesting fact that was revealed in analyzing those hired, was that 76% of those seeking full-time work accepted part-time hours. Improving these percentages is a goal presently being undertaken. NCEC seeks to find work that fully suits its applicants, but when full-time work isn't available often part-time work is better than no-work. The youths seem to agree. In the meantime we continue our search for full-time employment for those seeking full-time work. The variety of jobs received is also noteworthy: dietary aide, cashier, receptionist, housekeeper, medical assistant, telephone operator, inventory control clerk, warehouse worker, receiving clerk, security guard, carpenter's helper, janitor, telephone sales representative, factory worker, and dishwasher, to name a few!

Any youth between the ages of 16 and 21 interested in utilizing the services of our youth counselor should call 643-3828 on Mondays at 3 p.m. sharp to make an appointment for an interview. And anyone who knows of a job opening can call **anytime** between 9 a.m. and 5 p.m. Monday through Friday! We look forward to continued success in meeting the employment needs of our young people.

Patt S-DeLuca
Youth Counselor

problems and that you are not alone.

In that vein, the staff of the Employment Center has developed a program that allows our applicants to share with one another their frustrations as well as their experience both negative and positive. Sessions are held on Friday mornings at 11:00am, conducted by Deborah Neal, one of the Centers Co-Director/Employment Counselors. Also, during each session job hunting skills are discussed and outlined.

In order to participate in an orientation session one must first call the Center on Friday afternoon at 3:30pm to make an appointment for the following week. After each session applicants are given a date to return to the Center for an individual interview.

It helps to communicate with others. Some comments from applicants that have already attended sessions have convinced us that people really would like to talk and share with one another.

If you or someone you know would like to attend an orientation session please call us at 643-3828 any **FRI**-**DAY** afternoon at 3:30pm.

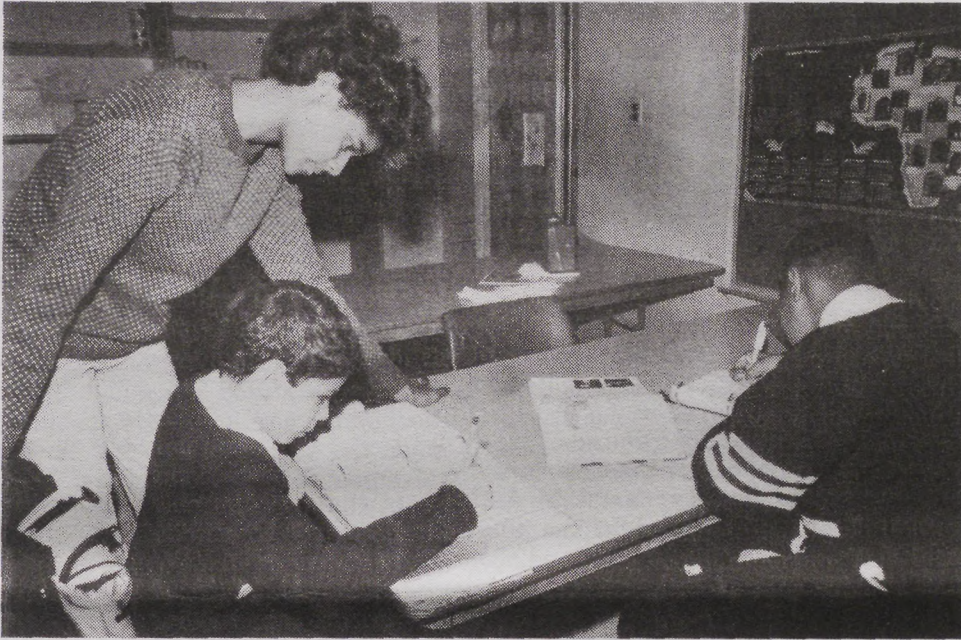


Whitney Holland and St. Rose School Are Perfect Match

Reviewing her employment history on the application revealed a familiar sight — two months as a cashier, three months as a summer file clerk, another two months as a coupon sorter for a church, and four months as a housekeeper in a nursing home. All were short-term jobs that were not retained, either by their inherent temporary basis or due to transportation problems, etc. But upon interviewing this young lady something different was readily apparent. She was well-groomed and well-spoken but even more impressive was the fact that she had a specific career goal

ficult to find the right job.

One month later Arthur Wilson, principal of St. Rose of Lima School, called for an immediate need for an after-school child care aide. The person had to be mature, so naturally we first checked our older person file, but one qualified and interested in part-time work was unavailable. Going on a hunch I referred Whitney, who I felt was mature for her age (21) and would probably enjoy working with children (later to find that she already had experience working as a volunteer with children and had loved it). Sure enough, Mr. Wilson felt



Whitney Holland makes sure homework gets done right.

in mind that she was actively pursuing. Sparked by her experience working in a nursing home, Whitney Holland decided that she wanted to be a nurse. After securing financial aid, Whitney enrolled in college for nursing. Once enrolled she needed a part-time job after 2 p.m. to keep herself financially afloat. She had requested a job where she could work actively with people, "...helping others in any way possible," but because of her school hours it was dif-

the same way I did and Whitney started that very day!

Following up several weeks later, it was my delight to hear Mr. Wilson refer to Whitney as "a natural", being very pleased with her attitude and capabilities. Whitney, of course, is also pleased. She loves working with the children and is so grateful to have a job close to home which still affords her time to study at night. We wish her much luck as she continues to strive toward her nursing goals.

Attorney Joins NCC Staff

In January, 1986 Carmen A. Rodriguez joined N.C.C. as the first in house attorney. Carmen is a member of the New Jersey Bar and was admitted in 1984.

She received her J.D. from Seton Hall Law School in 1980. Her undergraduate degree was earned at Caldwell College where she majored in Education and minored in Spanish.

Carmen's legal experience has involved her in two liquidations of brokerage houses conducted pursuant to Securities Investor Protection Act in conjunction with the firm of Crummy, Del Deo, Dolan, Griffinger & Vecchione.

Prior to this she served as a Judicial Clerk for the Juvenile & Domestic Relations Court in Essex County with the Honorable Paul T. Murphy serving as Presiding Judge.

While in law school she served as a student director of the Prosecutor Unit of the Juvenile Justice Clinic at Seton Hall.

Carmen is extremely interested in working with all the various entities which comprise New Community. She is extremely impressed with the warm welcome she has received from everyone at N.C.C.

Carmen is a resident of Roselle Park. In her leisure time she enjoys playing racquetball, baseball and reading, especially science fiction novels.



Carmen A. Rodriguez

Lee Barnett Is Assistant Maintenance Supervisor

Newark is Lee Barnett's hometown, but having lived for the last 11 years in South Orange he was surprised at how it had changed. When he visits his mother here he does not see much of the rest of Newark, and was pleased to find it had changed for the better, as he became reacquainted with the city in his new job capacity.

Lee is a graduate of Central High School here and took refrigeration and air conditioning courses at Lincoln Technical Institute as well as 3 years of Business Management courses at Rutgers, Newark. He then studied Mechanical Technology at New Jersey Institute of Technology.

Mr. Barnett will be distributing job orders and overseeing a crew of 20 men maintaining St. Joseph Plaza, The Extended Care Facility, Babyland III and N.C. Roseville, for example.

"I'm excited about it," he told us, "especially since the Health Care Center is a new building.

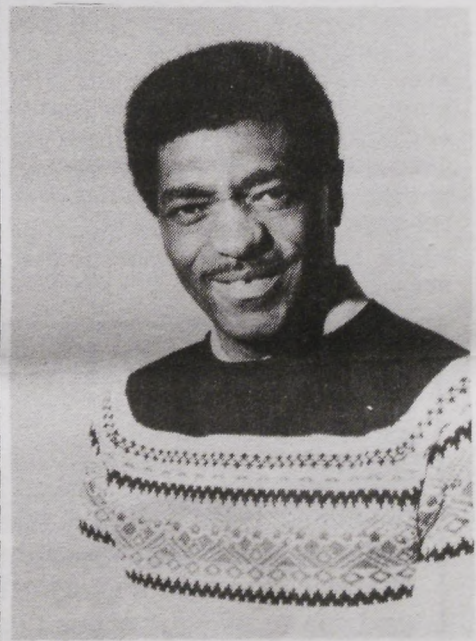
He told us that when he left Newark there were whole areas burned out. "Now they're gone and a new community has taken their place. It's great to be back in a city that was once dead — and now there are jobs here. It's long overdue."

He will continue his schooling to get some licenses out of the way that are on his agenda. "I'm going to be spending lots of time in someone's school," he said enthusiastically.

He has much experience as a maintenance supervisor and director of plant operations.

He has also been busy raising a family of six — ranging in age from 5 months to twelve years, and is grateful for such a fine family.

We are happy too that N.C.C. has been able to revive an area and provide new permanent job opportunities for people like Lee.



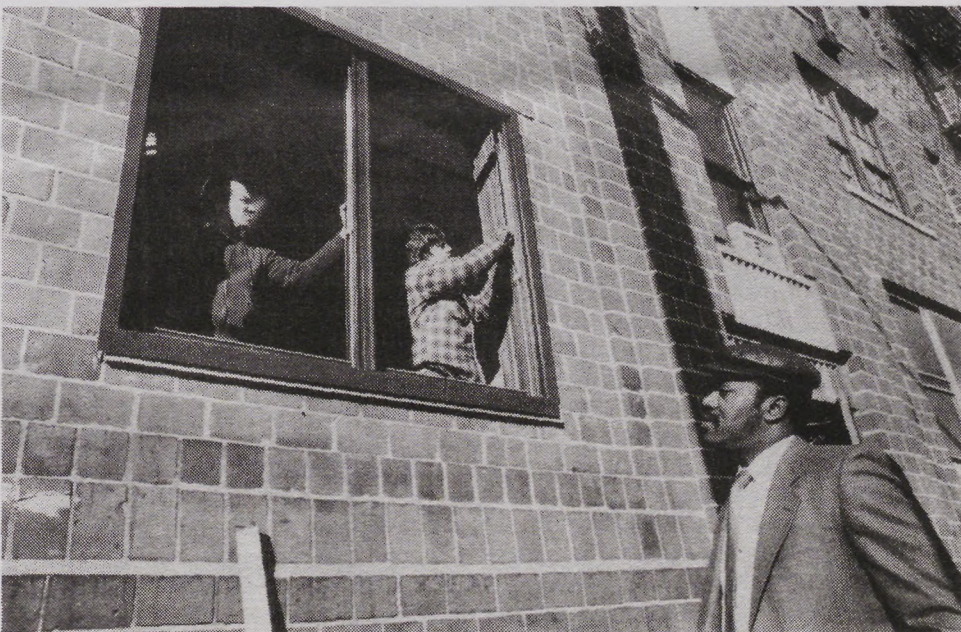
Lee Barnett

their interest for immediate installation.

Management would like to thank the residents for their support and understanding through this construction period.



Douglass-Harrison Renovations Progressing



Francis Thomas, NC Douglass-Harrison's busy manager, looks on in approval as the first new window is installed.

The on-going rehabilitation plans at Douglass-Harrison Apartments are progressing on schedule. The roofing work is 85% complete, the installation of radiator traps and thermostats is 90% completed, while the new Boiler System is 50% completed.

Please note that the new Boiler System will have a dual capability of burning fuel oil as well as natural gas, as sources of fuel. In addition to the new system the present system is being converted to burn both sources of fuel.

The installation of the windows will begin as early as February 3rd but no later than February 10th. The contractors propose to install approximately 200 windows per day. The sample windows have been installed in the management office, and have been approved for installation. Most residents have voiced their approval of the new windows and expressed

Bishop Tutu: A Man Of Peace

Although he is relatively short and stockily built, and speaks in a soft almost whispering voice with an African accent that one must listen to carefully in order to fully understand what he is saying, Bishop Desmond Tutu is truly one the great giants of our time. He is a drum major for peace, a man of hope for the hopeless. As an old saying goes: "Good things can sometimes come in small packages." There is no doubt that those persons who were fortunate enough to hear his presentation recently, at St. Joseph's Plaza, in Newark, were truly inspired and convinced that we must continue the cause for freedom and equality for all people.

He has been referred to in so many ways. Some call him "The Martin Luther King of South Africa; The Black Moses, who came to lead the people of South Africa out of bondage." In some cases he has been called a disciple of God, and there are no doubt many more names for this great leader. All of these titles combined cannot adequately describe him. He is somewhat strange and unique, for who among us would be willing to lay down our lives, in that a people might be free! Many of us talk about injustice, discrimination and deprivation of the poor. Actually, when put to the test we find that we are not prepared to make the necessary sacrifice. We don't practice what we preach!

Often we find that even in the United States, the land of the free, home of the brave, our great leaders of this country fall short of the goal post, that would clarify their sincerity and dedication to the Emancipation Proclamation, which declares that all men are created equal. He made reference to this in his speech, when he stated that while he was grateful for all of the support that had been given him and the people of South Africa, as a whole, towards the struggle for freedom, we of the United States have an apartheid of our own, of a sort, that we perhaps were not even aware of. He gave some examples. We claim to be the world's advocate for freedom and peace and yet our vision appears to be blurred, or distorted when it comes to seeing the injustices that are imposed against one nation as compared to another.

One has to really wonder about a man like him, and what gives him the courage to speak out against racist White South African leaders, in spite of the danger to his life. Yet he insists that he must do what he feels is right and he feels that he should return and continue his work to help his people.

None the less whatever constitutes a leader of his caliber we need more of his sort, especially in this great nation of ours. There has not been one that could measure up to him since Martin Luther King, and perhaps there will never be another. Like Martin he is a recipient of a Nobel Peace Prize, which in itself distinguishes him, for only a historical few world leaders ever receive such a great award.

We certainly pray that Bishop Tutu will live a long life and continue the cause of freedom and justice for all people, but we know that may not be possible and as one famous writer once said, "it is better to live a short life that has meaning than to live a life without." In essence there is no way that man nor even death can take away Bishop Tutu's ideals or principals, for he has planted seeds of hope in the hearts and souls of many thousands of young blacks in South Africa. We see him in them on TV strong and unafraid, determined to be free people, even at the cost of sacrificing their own lives. We see him in his children and other members of his family, who also attended the recent reception given in his honor by New Community. We see him inspire people like Mrs. Winnie Mandela who is not even allowed to live in her own home because her presence in the community poses a threat to the racist of that country.

God Bless Bishop Tutu, his family and all the people of South Africa, both the oppressed and those who would be oppressors. In the famous words of the late Martin Luther King "I have a dream" that one day we will all be able to unite hand in hand and live together both Blacks and Whites — Jews and Gentiles and we will all be able to sing that old Negro hymn — Free At Last! Thank God Almighty, we're Free At Last!

Virginia Scott
NCC Social Services

Bishop's Visit Generates Excitement

Rarely, in the 18 year history of New Community has one event caused such excitement as the visit of Bishop Desmond Tutu.

Bishop Tutu, the 1984 Nobel Peace Prize recipient and renowned opponent to racial apartheid in South Africa, was the guest of honor at New Community, at St. Joseph's Plaza on Sunday, January 12th. The overflow crowd began to arrive at 11 a.m. even though the Bishop was not expected to be at the Plaza until 1 p.m. As each guest came to the door they were greeted by a member of the N.C.C. Staff and given a red ribbon, the symbol of the anti-apartheid movement. By noon, the building was filled to capacity with guests eagerly awaiting the arrival of the Bishop.

Shortly after 1 p.m. there was a rush of excitement as Bishop Tutu and the many other dignitaries arrived at the Plaza. Together they were led into the large all purpose room of the N.C.C. Health Spa by a core of ever present police and security officers.

Following a brief news conference, the Bishop and dignitaries were taken by elevator to the second floor. It was the first opportunity the audience had to catch a glimpse of the Bishop, as the glass enclosed elevator ascended from the basement level. As soon as he came into sight the audience burst into applause. The Bishop turned and gave a friendly wave to acknowledge the applause.

After a brief pause, the Bishop was announced and the procession of dignitaries made their way down the central staircase in the sight of all present. The dignitaries included New Jersey Governor Thomas Kean, U.S. Senator Bill Bradley, U.S. Representative Peter Rodino, Newark Mayor Kenneth Gibson, Essex County Executive Peter Shapiro, Archbishop Peter Gerety, Father William Linder and N.C.C. Treasurer Mary Smith. Other members of the dais included the two daughters and son-in-law of Bishop Tutu, Mrs. Melvin Belli, President of the Adelpia Foundation which sponsored the Bishop's tour and Mr. Harry Pappas, East coast representative of the Adelpia Foundation.

The program was opened with the invocation given by Father Linder who acted as master of ceremonies. Following the invocation Father Linder introduced Mary Smith, who welcomed Bishop Tutu to New Community and presented him with a check for \$5000, representing the contribution of all the people of New Community. In accepting the gift Bishop Tutu noted that it would be used to help support the families of the political prisoners in South Africa as well as to help defray their legal costs.

Bishop Tutu was then presented with an award by Essex County Executive Shapiro and the keys to the City by Mayor Gibson. In turn, Representative Rodino, Senator Bradley and Governor Kean all welcomed Bishop Tutu and expressed their strong support for his efforts toward ending apartheid.

Archbishop Gerety was then called upon to introduce Bishop Tutu. In his introduction the Archbishop noted that the involvement of the Bishop in the anti-apartheid movement gave the moment a religious dimension in much the same way as did the involvement of Dr. Martin Luther King Jr. in the civil rights movement in the United States. In both cases, the appeal to non-violent action had its basis in a deeply spiritual approach to correcting social ills.

Bishop Tutu then expressed his appreciation to all for the warm welcome that he received. In all, it was a very special event for the people of New Community. All who were involved felt that the visit of Bishop Tutu was an event that would long be remembered. It was an opportunity to feel close to the people of South Africa who are suffering under the heat of oppression.

As many of the guests left the Plaza they made contributions to support the work of Bishop Tutu to show their sense of solidarity with the victims of racial injustice.

Gerry Gannon

A CHANGE OF PACE

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White Rice • Macaroni and Crabmeat Salad • Cheese Straws

Three types of cheese dips and an assortment of potato chips, crackers and frito chips, salted peanuts.

Cash Bar

Tenant Leaders Tour



Jacqui Ragin (right), Nursing Director, heads a tour for tenant leaders and NC residents through the Extended Care Facility.

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NCC Health Care Center
623-2480

Transportation to NCC Health Care Center
will be provided for your convenience.

Bishop Tutu Speaks... Continued from Page 1

and Man, and between all human beings which made any form of apartheid or separate development will ever be acceptable as a model for the relations between people or races."

Americans are a religious people, reminded Archbishop Gerety, and believe strongly in a bond under God uniting us to one another in God. "We are united behind Bishop Tutu," he

legal fees for political opponents of apartheid.

On behalf of the New Community Network, Ms. Mary Smith presented Bishop Tutu with a check for \$5000 for his work to wipe out apartheid. In accepting it, Bishop Tutu assured her it was "an investment in people, and said part of it would go to the support of families of political prisoners. It

being because he or she is a human being," he told the crowd. "We say **forward** to a new South Africa, **forward** to a non-racial South Africa. We look **forward** to a democratic South African society, **forward** to a just society, **forward** to all of us, black and white together, to a **free** South Africa." Stressing that God wants the unity of all mankind in one family Tutu concluded, "Let's be human together, let's be free together, members of one family, God's family, the human family, for we are the world."

Bishop Tutu was compared to slain civil rights leader Martin Luther King Jr., by Sen. Bradley and Rep. Rodino. In his speech Bishop Tutu quoted a phrase of Martin Luther King who said, "Racism anywhere threatens freedom everywhere." The Anglican bishop of Johannesburg was awarded the 1984 Nobel Peace Prize as was King in 1964. He has been an outspoken and tireless Christian witness to the plight of blacks who form a majority of the population in South Africa yet do not have the power to vote. As a personal example he revealed that although he's head of the largest diocese of the South African Anglican Church, he himself cannot vote. Under the system of apartheid 4.5 million whites have full dominion over 23 million blacks. Tutu has long been an advocate of a reversal of this system through peaceful means.

Tutu is not alone in his efforts. Last July, as more and more people were being killed, maimed and imprisoned in his country, and as the resistance by blacks against the apartheid regime grew, a number of concerned theologians felt the need to reflect on the impact of the situation with their Christian beliefs, to search for an appropriate response. The first meeting



Bishop Tutu greets friends at St. Joseph Plaza with open arms in a universal gesture of brotherhood.

declared, "and look to his leadership in South Africa."

Governor Kean told Tutu that "we share your values on which our own country was founded, that all men are created equal. We don't just mouth the words when we say Fatherhood of God and Brotherhood of Man." He asked Tutu to "consider us your partners, helpers, workers, brothers and sisters," and finished, "apartheid is evil. We will help you in any way we can."

The Bishop, speaking for his people in South Africa, thanked the people in America for "changing 'round Capitol Hill" and forcing the hand of President Reagan to take economic sanctions against the policies in South Africa which peril many millions of victims of apartheid. He hoped also that his visit would "intensify the focus and attention paid to the apartheid issue. Tutu's visit was intended to raise money for the struggle of his people in the form of a scholarship fund for young South Africans, and

would "help some of God's children to come to know that there are people who care, in other nations." He explained that "when one's dignity is rubbed in the dust and you have accommodations without running water or bathroom facilities you begin to wonder whether maybe it's your fault." He said the people gathered in St. Joseph's showed him that people **do** count, that they matter enormously to God. He expressed great joy to be visiting in the former church which today was the community gathering spot for his reception and called the facility "a powerful statement on behalf of God, for it says to people 'This is his house.'"

Bishop Tutu then related a story of a child inquiring about balloons and why they come in so many colors. The child was confused until told when you come right down to it, it's not the color of the balloons that make them what they are, **but the stuff inside**. And so it was that day at St. Joseph Plaza with the people gathered before him.

Commenting on the effect of what he called "people power," the Bishop related that if anyone had said in 1984 when he and his wife were in New York on sabbatical, that "in 1985 the U.S. Congress would be asking what sanctions they could apply to South Africa, they would have said of him 'something's loose upstairs,' but because of people like you, and many others across this land who said 'we have had enough' it happened. They said in effect that what was happening in South Africa to their brothers and sisters in many ways was happening to them." Bishop Tutu questioned the mores of a country which could rapidly impose sanctions on injustices towards white people in countries such as Poland, Nicaragua and Libya and faltered when asked to see state terrorism against blacks in South Africa which caused the death of children in the same light and do the same.

"To us a human being is a human



A tumultuous crowd welcomes the star-studded dignitaries as they descend St. Joseph's grand staircase to the atrium.

criticized the government for "its use of Christianity to justify evil ways." The statement also admonished Christians to do away with this evil, "not come to terms with it." Of interest also is the view the document put forth that not all physical force is violence, with a biblical reference to support it. It described the situation in their country as a conflict not between two equal races or nations but between an oppressor and the oppressed.

The document was a challenge by South Africa church leaders to all Christians "to participate in the struggle for liberation." Bishop Tutu hopes God's people everywhere will.

Because Bishop Tutu had advocated the withdrawal of foreign investments from South Africa both in 1979 and 1981 his passport was seized, he told the gathering, and his "travel documents" now deny his South African heritage, reading only "undeterminable at present."



Ms. Mary Smith presents Dr. Tutu with a \$5000 check from the New Community Network.

was held in the heart of Soweto and two more followed, with participants freely submitting comments, suggestions and recommendations. These were then criticized and investigations made into problem areas. The document was called a people's document and determined to remain open-ended.

What resulted was called The Kairos Document, kairos meaning moment of truth. It was signed by more than 150 South African religious leaders and theologians who

Since it is now a criminal offense in his country to advocate sanctions, he is not doing so at this time (he has agreed not to do so at least until the end of March). However if there is no significant change, that promise shall have to be re-evaluated, he stated. He is hoping for a peaceful solution to South Africa's political situation — so parallel to the story in our country — and hopes that "good sense" will prevail with the government.

New Community joins him in that hope.



NCC security officers and Essex County workmen install a sign renaming W. Market Street Desmond M. Tutu Blvd.

Health Care Update

Are You Depressed?

Are you feeling especially tired without having a good reason? Have you had trouble getting to sleep or waking up too early in the morning unable to return to sleep? Have you just felt like staying home and not doing anything? If you are experiencing some of these feelings, you may be going through a period of depression. This problem is quite common during the early winter months and especially right after our biggest Holiday season.

Frequently one can be depressed without realizing it. Forms of depression are without age boundaries, however it is unusual in the very young and increasingly common in the elderly.

When an individual is depressed, he tends to isolate himself. Sleep becomes one method of escape; it may be an easier way of coping than dealing with the problem creating the depression. As children grow up and expand their worlds, the family structure changes and isolation is easier to accomplish. This is especially true for our seniors who live alone without local contacts. Even, however, when one lives with others, isolation can be achieved by leading separate lives and by engaging in activities which require no communication i.e. reading, watching T.V.

If you feel you may be depressed, consider the following:

- visit your doctor to make sure there is no physical reason for your fatigue, appetite or weight change or sleep disturbance

- determine reasons which may be contributing to your depression.

- the recent death of a loved one
- a real change in your physical well being or that of a loved one
- fear

- unhappiness with your job
- guilt; are you not being your own best friend

- decide which factors you can change and are willing to change to again take control of your life. Work on one factor at a time and select one which you can accomplish. Once you are successful, changing the next one becomes easier.

- include exercise in your daily life. Begin slowly and know you are being good to yourself.

- reach out to help another. In order to be depressed, you need time to yourself to be sad and lonely. If you give that time to another — or at least some of it — you lessen the time you spend feeling dorry for yourself and therefore decrease the time you have to be depressed.

- seek professional help if necessary. Counseling and/or medication may help you work through problems you are unable to resolve for yourself.

Once you recognize that you may have the problem of depression, know you are not alone, especially during this time of the year. Know also that if you want to get rid of your depression, you can. It is often through times of difficulty that one is strengthened. Reach out for yourself and others that we may all live while we live. Connie Ford, R.N., M.P.A.

February Is Heart Month



February is heart month because during the month, especially on the 14th, our minds focus on the heart and love. The heart, which is the symbol of life, is also the organ of life. In this month where the hearts you think about often are filled with chocolate, I want to remind you how to care for the most precious heart there is — yours!

The heart is a muscle that is made up of four chambers. Its main function is to circulate the blood throughout the body, and work continually in your life. In turn the heart asks very little. It does ask that you do your best to decrease your risk factors contributing to heart disease. Your risk factors are broken down into two groupings. First, those uncontrollable risk factors like family history and age, which you can do very little about, and secondly those risk factors that you **do** have some control over, like smoking, high blood pressure and cholesterol, to name a few.

The risk factors like family history and age that you have no control over may make you more prone to heart problems. If one or both of your parents died at an early age of heart related causes, the chance of you having problems is much greater. Since heart disease is a progressive disease, the older you get the greater your chance of developing heart disease. We can do very little to affect these two factors, so let's look at those factors we can control.

The controllable factors include your weight, cholesterol level, smoking, high blood pressure, type of personality and your exercise habits. Although it is not always easy, we can control our weight by decreasing our food intake and our energy output with exercise (fat is merely stored energy). While we are watching how

Happy Valentine's Day

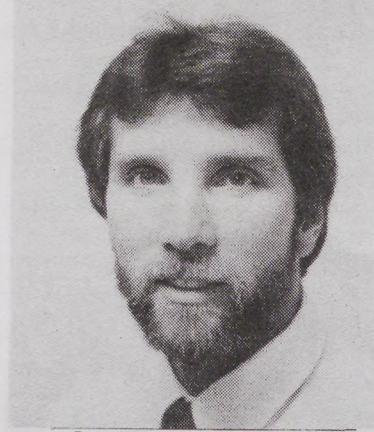
With Valentine's Day right around the corner there is always the problem of what to buy. What gift can you get to really show that special someone that you really care. You've given candy in a heart shaped box and flowers by the dozen, but this year you may want to give something special.

You want to give a gift that will touch her heart. The perfect gift for that special someone is a gift certificate to the New Beginnings Spa and Wellness Center.

This unique gift will not only give that special someone a chance to get in great shape, but if you act now you can both workout for the same low price. That's right, we are having a two-for-one special this month. So give a gift with heart this Valentine's Day. Give a gift certificate to New Beginnings.

So remember that candy is eaten and the flowers will die, but a gift certificate to the New Beginnings Spa & Wellness Center is a great buy. Keep in mind also that a good heart is hard to find, so take good care of the one you have!

P.S. It's twice as romantic to work out together.



by Kerry Gillespie,
Exercise Physiologist

much we eat, we should also be conscious of **what** we eat. We want to cut down on our intake of fats and cholesterol. This means to cut down on our intake of red meats. Cholesterol (which is considered, the blocking agent in the arteries) is only found in animal products. At the same time you should increase your intake of fiber, in the form of fruits, vegetables and whole grains. If you are a very hyper type A personality, it would be best to try to modify this destructive behavior with relaxation training, exercise or both. By reducing your weight and your stress level you will very often effect a reduction in your blood pressure. In many cases, if your blood pressure is high enough your doctor will treat you with medication to lower your pressure until such time as you can reduce the high blood pressure through natural means.

Smoking, which is likely to be the most important risk factor for heart disease may also be the hardest to modify. The many harmful by-products of cigarette smoke affect the heart in many different ways. Nicotine, the active ingredient in

cigarette smoke, can cause the heart to speed up, the body to produce more cholesterol and can increase blood pressure. As you can see, even if you are working on the other risk factors, if you still smoke it may negate all your good work.

As a side note I would like you to notice that the risk factors that we have just mentioned as contributing to the development of heart disease are also closely related to the development of cancer. This should double your efforts towards reducing your risk factors.

Exercise is the thread that weaves through all these factors. The less exercise you get the more likely you are to increase all the risk factors. Aerobic exercise will not only help reduce weight, decrease cholesterol levels and decrease blood pressure by reducing the stress level, but by itself will increase the strength of the heart. As the California Heart Association has stated, "All muscles need exercise. The heart is no exception."

The heart is a tireless muscle doing a thankless job. It pumps blood continually throughout your life without ever taking a break. The heart only asks for a little consideration, in the form of altering your risk factors in order to reduce the amount of stress and damage to the heart. This February and the rest of this year, consider your heart and your health. Remember, heart disease is progressive. What you do, or don't do for your heart now will, in most cases, determine your health as you grow older. Edward B. Lytton, summed up the subject on heart health when he said, "A good heart is better than all the heads in the world."

Kerry Gillespie
Exercise Physiologist

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Gains Made In Cancer Detection

Cancer Researcher Opens Door To Early Diagnosis

In an ordinary looking yellow metal building on West Market Street in Newark, work is quietly going on which could touch the lives of many people here — and give some of them a few more precious years of life.

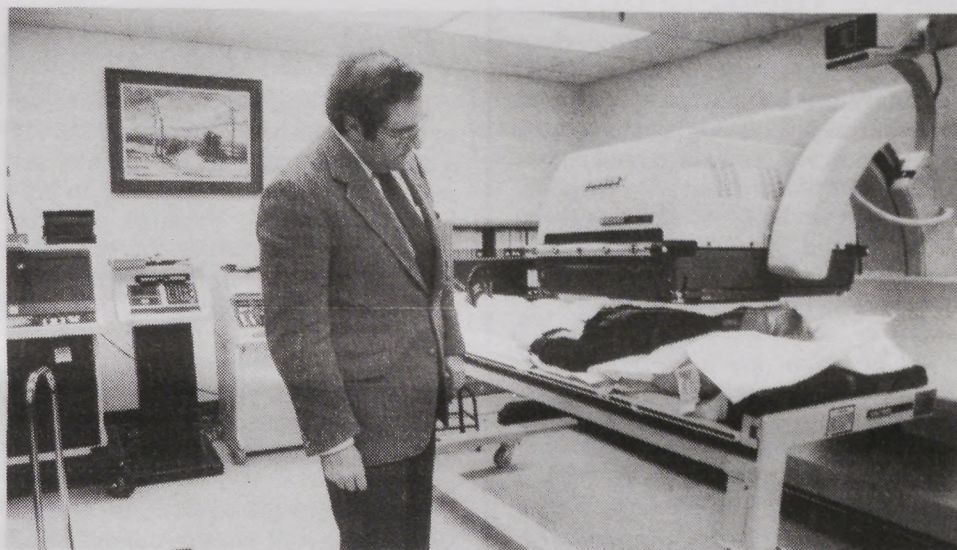
Through the bright red metal door of that ordinary building, people come from all over the world and close to home, to take part in an experimental program of early cancer detection. Directing the program is David M. Goldenburg, Sc.D., M.D., president and founder of the Center for Molecular Medicine and Immunology (CMMI) on the Newark Campus of the University of Medicine and Dentistry of New Jersey. Dr. Goldenburg has been working on this study for 13 years.

The center was established in 1983 and is the only center to be totally devoted to the detection and treatment of cancer using monoclonal antibodies. Its purpose is twofold, accor-

discrepancy between the treatment or management in general of cancer patients in New Jersey as compared to the national average. It is suspected that the problem lies more in the urban areas than elsewhere, "and if we're going to have an impact, we should develop programs of regular detection, screening and better follow-up than are available," he said with concern.

So while CMMI is developing their "high tech" approach to better detection and management, very basic programs are also needed to help the community, such as Pap smear programs and breast cancer examinations. The newer technology they are working on could then be introduced to enhance these programs.

An example he gave is liver cancer which is a problem in Jersey City and Newark (they are seeing a lot of it here compared to the national average). "Then we should try to



Dr. David M. Goldenburg pauses to chat with a patient lying beneath a nuclear medicine camera.

biotechnology. Using a mouse whose spleen produces antibodies against cancer cells, tumor cells for a specific cancer are injected into that spleen and fuse into a specific antibody which is then isolated and cloned or reproduced in the laboratory in cultures. Iodine 131 is then added and the radioactive monoclonal antibodies are injected into a patient's body. After 2 or 3 days of treatment a nuclear medicine camera is used to scan for the presence of cancer as indicated by "radioactive hot spots" where the antibody has attached itself or "hooked on" to cancer cells of the type it is designed to attack. The camera is attached to a computer which processes what is seen by the camera and tells the scientists where there is cancer in the body. Side effects are less than with other methods and not as noticeable by the patient. CMMI has done over 650 patient

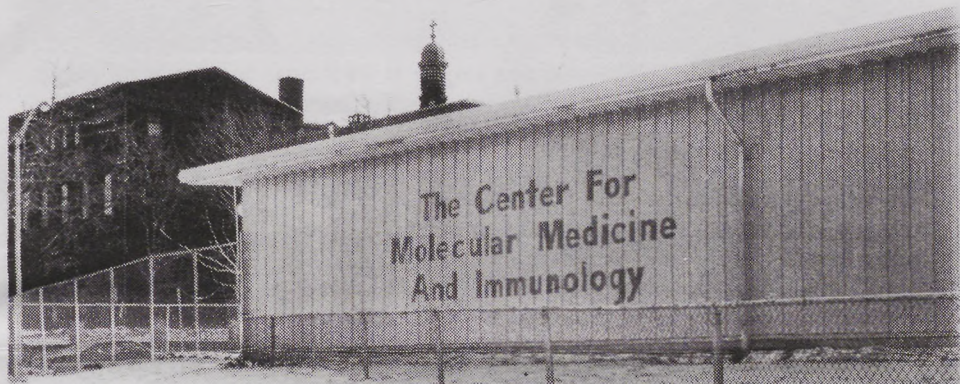
directly to the cancer.

The Center now has 60 people working in their many labs and about 10 of the faculty at U.M.D.N.J. collaborating with them. Dr. F. James Primus is head of the Immunology Labs in the center.

When commended on the progress which he and his group has made, Dr. Goldenburg commented, "with a few more million we'd make a lot more progress. It's simply dollars."

Objectives for Future

The center would like to be able to identify the 15-20 cancer antibodies remaining (they have identified the five antibodies associated with 70% of all cancers). They would also like to improve imaging procedures which would help them identify smaller tumors and permit even earlier detection. A third goal is to expand their facilities and staff to permit patient treatment to grow from 20% to-



When facing Newark on W. Market Street, the yellow CMMI building stands out on the right against the background of St. Vincent's Academy.

ding to Dr. Goldenburg. First, they would like to develop new technologies which will be applicable regardless of where a patient is, namely for earlier detection of cancer as well as, hopefully, a more selective therapy of cancer using very specialized antibodies which are made in their laboratories here. The initial **detection** work, Goldenburg explained, is done on an out-patient basis in their nuclear medicine area in the building.

Then there is an experimental



One of several laboratories housed in the CMMI complex.

therapy program at University Hospital, where they are involved with radioactive antibodies and non-radioactive antibodies as well, in the **treatment** of cancer.

Programs For The Community

CMMI would also like to try to develop programs for the more local community. Dr. Goldenburg explained that while New Jersey is really not very much higher than the average of the United States in cancer incidence, it is 5th highest in Mortality; which means that there's a

develop better methods of early detection of liver cancer, etc."

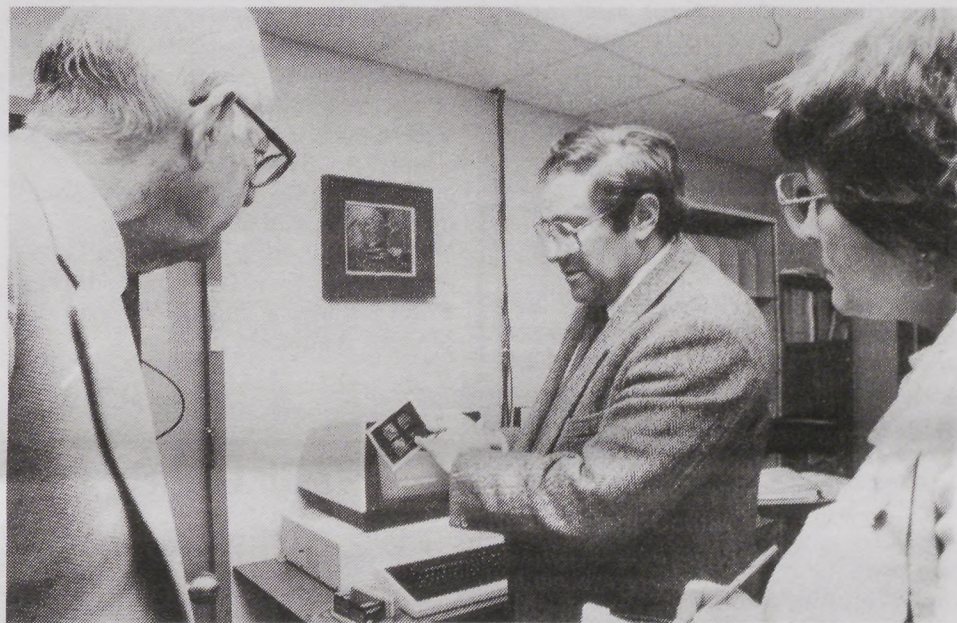
Some of the immunological programs that are being pursued at CMMI are aimed toward this approach, so the benefits of the program can be felt not only by visitors, but by the local community, which can help CMMI test whether or not their work can have an impact on these mortality rates of cancer.

"That's where there's a linkage with what I hope are similar objectives of NCC and other community organizations," Goldenburg explained.

In August, 1985, the National Cancer Institute presented an Outstanding Investigator Award grant of \$9.7 million for his cancer diagnosis program. The grant however, will support only part of the research program. Federal funding is supporting their work with colorectal cancer. Much more funding is needed to pay more attention to lung cancer, breast cancer and prostate cancer.

Method of Detection

The method used at CMMI for diagnosis and detection of cancer is called Radio-Immunodetection (RAID). This involves using a radio isotope, which is a tag or label that is put onto a reagent that is very specific for certain cancers, which is an antibody. The antibodies are manufactured in the Center's lab and they are very specialized. They are monoclonal in the sense that they're made by the newer methods of



Dr. Goldenburg explains to Dr. Paul Kearny and Clarion editor Pat Foley interpretation of a Polaroid picture resulting from a radiation scan.

studies and has had an accuracy rate of 90% for colon and rectum cancer, 90% for certain ovarian tumors, 83% for liver cancer and 75% for lung cancer.

The radioimmunodetection technique has the advantage of being able to detect cancer very early, in some cases almost a year before other methods, and it is this particular benefit which makes it so valuable. It is a more directed, specific cancer therapy which brings the toxic agent

day to 60% of their future work.

A permanent research and clinical facility would save countless lives every day in New Jersey and throughout the world. But as Dr. Goldenburg said, "it takes money." Perhaps some of our readers would like to help or to remember a loved one with a gift to this outstanding group.

With cancer as devastating as it is today, to families and friends, can we really afford to wait?

At Your (Social) Service

by the Staff of NCC Social Services Department

Residents And Friends Pay Special Tribute To Dr. King

On Sunday, January 19, 1986, close to 200 people, comprised of NCC residents, staff, and friends, gathered together at NCC Douglas Homes, 15 Hill Street, to honor slain civil rights leader Dr. Martin Luther King, Jr. Each year, for the past two years, one of our Senior buildings has hosted this affair. This year marks the Third Annual Birthday Celebration held in honor of the late Dr. King.

The program, which was emceed by Mr. Tommie Godfrey, included musical selections from the members of the **Greater Holiness Gospel Ensemble of Newark**. This group, under the musical direction of Mrs. Gloria Newsome, sang a song entitled, "Someday We'll Be Free." Dawn Obley, of the NCC Youth Council, gave a recitation "What Dr. Martin Luther Kings means to me."

The keynote address was delivered by **The Most Reverend Joseph A. Francis, the Vicar of Essex County**. Bishop Francis reminded each of us of the dreams and the vision of Dr. Martin Luther King, Jr., who laid down his life for the cause of freedom and justice for all people of the world.

Following the speaker, a check was presented to the representatives of the NCC Youth Council, to be used for the NCC Youth Scholarship Fund. The monies were raised by the **Seniors, Handicapped and Disabled of NCC**, who sold tickets for this affair at \$4.00 per person, which included a delicious meal of: baked chicken, macaroni & cheese, string beans, dessert and a beverage. **COMPLIMENTS TO THE CHEF!!!!**

Special thanks go out to the residents of NCC Douglas and all of their many supporters (140, 180, Roseville, Gardens Srs.) staff and friends who worked together so diligently to help make the evening a most memorable occasion. Such **SOLIDARITY** is a true example of people who are indeed "living the dream."

Aerobics Classes

Aerobic classes will begin again for young ladies of N.C.C. aged 13 to 20 yrs. Classes will start Feb. 4, 1986 at 4:00 p.m. in Newton Street School gym on Tuesday and Thursday only. **Free Admission!!** But please have I.D. cards for security guard at front desk. **What to wear!** Sweatpants, sneakers or leotards and tights. See you real soon...For information contact: Sheila Washington at 623-6114.

February Is

Black History Month

To many, black has been symbol of ugly, bad, the one not chosen. This is a stigma that has gotten a lot of us, meaning all people, caught up in pre-judging someone because of skin pigmentation. A lot of the time the judgement is not favorable and sense of low self-esteem becomes prevalent.

Ignorance is a key factor; not even knowing that throughout history there have been great black men and women who rose above the ignorance and prejudices to set the way for others.

If you were asked, (1) who is considered the best photographer in our country today, or (2) who reached the North Pole first and placed the American Flag, or (3) who caused the largest crowd ever to assemble in one place to hear a singer, would you be able to answer? Unless you are up on Black History you probably could not. *(Answers are at end of article.)

Answers to questions like these make us less ignorant and instill a sense that you can be as great as you yourself will allow.

February is Black History Month and the Youth Council will use this month particularly to acquaint our young with their culture and leaders of past and present. Speakers in various fields will be asked to visit our youth so that they may become more aware of all the avenues open to them.

The Schomburg Center for Research and Black Culture, in New York, has a wealth to offer and a trip is being planned for the Council.

Never let anyone tell you, "You can't do it". Just say that if you don't do it, it is because you do not wish to do so.

In our Community there is a wealth of talent, some yet undiscovered, but with time the greatness that can be achieved will be realized.

"Ain't no stopping us now." (McFadden and Whitehead)

*Answers to 3 questions asked earlier: 1. Gordon Parks, Photographer 2. Matthew Henson 3. Marian Anderson

Joyce Holmes
N.C.C. Social Services

Youth Council Activities

Please note a change from last month's issue. The Fashion-Talent Show originally scheduled for February has been moved to April.

There were already a number of events planned for February, and in order to present a grandiose affair a change of dates was approved.

This show will be the first to combine the talents of a varied selection of our N.C.C. residents. It will be an excellent opportunity for the youth, family, and senior residents to pool their ideas and talents.

The monies raised from this show will go towards a scholarship fund for the youth and a special project for the seniors.

NCC Honors Supportive Agencies

New Community Social Services recently sponsored a "thank you" reception, for various agencies who have been supportive of our agency. The affair consisted of wine & cheese and hors d'oeuvres plus the warm, friendly hospitality of the Social Service Staff.

Approximately twenty-five representatives attended. No formal program had been planned, the idea being just to welcome everyone to

have a casual leisure evening of relaxation for our guests. At this affair we were able to thank those individuals and agencies for their past cooperation, and to renew our relationship for the coming year.

Members of the various NCC departments attended also.

We look forward to a resourceful year in 1986 through old relationships, as well as new ones in the making.



Members of several NCC agencies enjoy a welcome moment of relaxation as guests of the Social Service Department.

Social Security News

Medicare Opens Enrollment

People who failed to sign up for the medical insurance part of Medicare when they were first eligible, or who dropped out, may enroll now through March 31 at any Social Security office and coverage becomes effective July 1, 1986.

Medicare hospital (part A) and medical insurance (part B) is available to almost everyone at age 65, to disabled people under 65 who have been entitled to Social Security disability benefits for at least 24 months, and to most people with permanent kidney failure. Nine out of 10 people eligible to receive Medicare are enrolled in the Medicare programs.

Medicare's medical insurance (part B) supplements Medicare hospital insurance (part A) which is funded by part by the Social Security taxes paid by employers, employees, and self-employed people. Medical insurance helps pay doctor's bills and other medical expenses not covered by hospital insurance. It is funded by individual monthly premiums paid by those who enroll and by Federal general revenues. The basic premium is \$15.50 a month for 1986. In

general, the basic monthly premium is increased by 10 percent for each year a person could have had medical insurance (part B) but did not elect to do so.

People 65 and over who are not eligible for Social Security or railroad retirement benefits can get Medicare hospital insurance (part A) by enrolling and paying a monthly premium. The monthly premium for these people is \$214 for 1986. People who buy hospital insurance must also sign up for the medical insurance part of Medicare and pay the monthly premium of \$15.50.

It should be noted that people **do not** have to retire to get Medicare coverage. On approaching 65, people who want the coverage but wish to continue working may sign up at any Social Security office and have their coverage begin with the month they reach age 65.

For more information on enrolling in Medicare's medical insurance, please contact your local Social Security office.

Courtesy of Department of Health and Human Services

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Sausage and Egg on Croissant	\$3.25

Youth Scholarship Fund



Willie Mae Armstrong (on right) hands Sheila Washington, NCC's Youth representative, a check for \$500 from the residents of NC Douglas for the NCC Youth Scholarship Fund, as (L-R) Gloria Newsome, Helen Vaughn, Hattie Watson, and Thomas Godfrey watch approvingly.

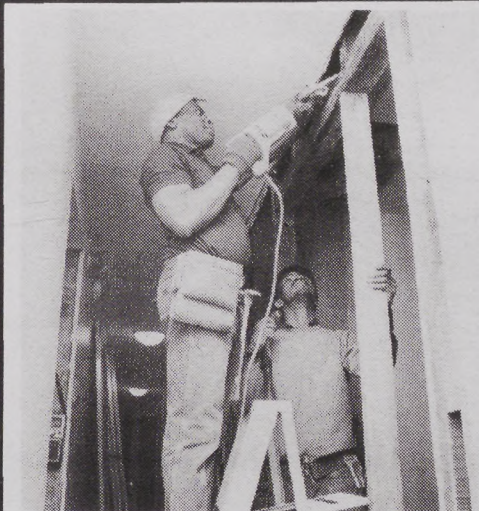
Roseville

New Community Roseville's Bingo Club held a "Fish Fry" January 9, 1986, using the proceeds to buy Bingo prizes, etc. The fish dinners were delicious, with delectable pies and cakes for dessert. An enthusiastic member, Ms. Rosalee Trogon helped to sell many dinners by going door to door in our building soliciting sales. The fried fish with trimmings was delicious so don't miss the next one at N.C. Roseville. Many of the other women tenants also helped in making the Fish Fry successful.

Steve Perkins



NC Roseville is all decked out for a holiday meal.



Carpenters Walter Jackson and Tario Mungin-Bey engage in selective demolition as part of the life-safety improvements underway at the Essex County Family Violence Shelter.

Who Is
This
???



A Moment Of Black History In The Newark Police Department

One hundred and ten years ago a Black policeman of the Newark Police Department, Augustus Dickerson, Jr., was shot and wounded; and his white partner was shot and killed while trying to arrest two brothers. The story is recorded in the History of the Newark Police Department as follows:

Robert Ellsden, Jr., and fellow officer named Dickerson went to the home of the Thielhorn brothers to serve a process of arrest. The brothers had been arrested before, as they believed unjustly, and had sworn never again to be taken alive. The brothers had armed themselves, and by practice were proficient in the use of their weapons. Ellsden was dead almost on sight and Dickerson, who was colored, received a bullet in the back which he ever afterwards carried. The brothers became frenzied after their first shots, and ran through the streets, firing recklessly right and left, bound for Dawson's factory, intent upon killing the man whom they believed caused the issue of the warrant. They were pursued by the workmen in the factory, driven to the River's Bank, and out into the stream and shot to death. Their bodies were recovered and the County was saved the expense of trial and execution.

As far as can be determined, Dickerson was the first Black police officer in the Newark Police Department. If you will note in the previous summation, the word "colored" is specified after his last name, while his white partner's name is listed fully.

Dickerson's full name was ascertained only after an extensive research in the Newark Public Library Census and city directories of 1876, by this writer. It was stated that Officer Dickerson was living at 12 Beecher Street at the time of the above incident. His name first appeared in the directory as living at 27 Walnut Street; Occupation:

Policeman. Using this same occupation listing as a guide, it was apparent that he left the Department sometime between 1876 and 1879.

In 1881, while living at 414 Halsey Street, he applied for a restaurant license on the premises located at 275 Market Street. The application for



Security Director James Dubose (left) stands at gravesite with (L-R) Newark Police Director Charles Knox, Det. Norman Harris, and Asst. Director Otis Rhynes.

renewal appeared every year until 1894.

On July 3, 1895, Mr. Dickerson lapsed into a diabetic coma, before succumbing to Melitis Gangrene at the early age of 40, while living at 18 Beaver Street.

Research also revealed that Dawson's factory was that of a patent and enameled leather manufacturer located at 13 Ferry Street. The river referred to was the fabled Passaic River.

As a follow up to the research, it has been verified that Mr. Dickerson is buried, along with his wife and daughter in Fairmount Cemetery Newark, New Jersey.

NCC Honor Guard Participates In Raising Of Black American Heritage Flag

The NCC Honor Guard participated in the official raising of the Black American Flag during ceremonies honoring Dr. Martin Luther King, at Newark City Hall on Wednesday, January 15, 1986.

The five man firing squad led by their commander, Sgt. John Jackson, fired three rounds from M16 automatic rifles, loaned to them by the Newark Police Department.

After a short speech by Melvin Charles, the designer of the flag, which was raised by Mrs. Hope Jackson of the Newark Consumer Action Office, "Taps" was played by Sgt. John Reid of the Newark Police Director's Office.

The guard, along with Sgt. Jackson, was composed of NCC Security Officers: Michael Sykes, Rock Bogar, Champ Blackwell and Ricky Pruitt. Their presence at the ceremony was requested by Mrs. Charles, who in a letter to Director of Security James DuBose, stated that the NCC Guard was one of the best in the State.

Immediately following the outdoor

ceremonies, visitors and officials returned to the City Hall Rotunda for a short musical program.



NCC's honor guard stands watch at Newark's City Hall beneath the wind-whipped Black American Heritage flag.

NC Commons Seniors

PARTY

The combined Christmas and Birthday Party of the "140" Club was a most wonderful affair. There was food galore. We want to thank Mrs. Newsome for all her help and gifts for everyone. We also had a grab bag which was lots of fun.

MAYOR VISITS

The turnout for Mayor Gibson was tremendous when he visited 140 on Jan. 14th, 1986. Transportation was provided for tenants from the N.C.C. sites.

OLDIES BUT GOODIES

The "Oldies but Goodies" Club had their holiday party Saturday, January 25, 1986, with exchanging of gifts. They also celebrated President Ostena (Pete) Hill's birthday.

ARTS & CRAFTS

Arts & Crafts which have been in progress for 6 yrs., with Julia James will be having their first luncheon on Feb. 15, 1986.

Connie Wise

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William M. Ashby — A Tireless Leader

What better way to celebrate Black History Month than to write about a person who has been a part of that history right here in Newark? Just across the street from St. Joseph Plaza lives a 97-year-old man with a remarkable memory and sense of black history, and a life filled with dedication to the betterment of the life of black people in this country. We are proud to tell you his story.

William M. Ashby was born on October 15, 1889, in York County, Virginia, the son of free-born blacks who owned property, but spent much of his boyhood in Newport News, Virginia. Ashby later migrated to Roselle, New Jersey, and worked as a delivery boy at R.H. Allen, a catering establishment in Newark. In 1905 he entered Lincoln University in Chester County, Pennsylvania, from which he was graduated in



William M. Ashby

1911. In 1916 he received an S.T.B. degree in social work from Yale University. In 1915 he published a novel, "Redder Blood," which was an early fictional exploration into the problem of miscegenation in the United States. A year after he was graduated from Yale, he returned to Newark and a career with the National Urban League's local chapters in Newark, New Jersey, Springfield, Illinois, and Elizabeth, New Jersey. He became the executive director of the National Urban League's Newark office at a time when the black population suffered badly from the poverty and disorganization fostered by generations of racial exploitation. He sought improvements in economic conditions through prudent contacts with sympathetic whites. After that, black workers were hired in local factories.

Ashby's memoirs as related in his book, "Tales Without Hate," contribute to our understanding of race relations, especially in New Jersey. He writes with considerable insight and compassion of his efforts to transcend the obstacles of racism and white paternalism, and provides reliable autobiographical accounts of black life in Newark, and specific developments in Newark. In 1973, Ashby founded the Newark Preservation and Landmarks Committee and was an active officer and vigorous participant in efforts to save and celebrate the best of Newark's past. William M. Ashby has fought for

racial justice for more than sixty years and is one of New Jersey's most seasoned veterans of the struggle for equality.

In a recent interview here at St. Joseph Plaza with Howard Quirk, Executive Director of the Victoria Foundation, Mr. Ashby discussed his observations concerning segregation, equal opportunity and upward mobility and how they have changed. Here are some of his recollections...

Segregation

Ashby saw segregation in every part of the United States. It was always designated where Negroes lived, he recalled. Even in the North there were certain sections for Negroes and it was difficult to get out of that area. Occasionally some Negroes had enough money to buy a place to live in other areas. They ran the risk of a cross-burning the first night. "Now that's living," he said facetiously.

Earning a Living

Certain types of occupations were for Negroes, and this pattern, he found, was hard to break. One person did, occasionally break that pattern and pointed out to others what he or she had done. Skilled labor in particular had clauses in unions barring Negroes. White members only.

Recreation

In the theatre the balcony was called "nigger heaven". Sometimes a black person would have money for the first balcony, but that was rare. Even if they did they might be deliberately told "no" or the usher might ask "What are you doing here?" Even in Newark this happened.

Ashby sees changes as blacks sometimes are not only in unions today, from which they were excluded, but some are top officials and earn enough to buy a house wherever they want. "Overall the change has been so great I can't grasp it". He feels "peeved" when he hears someone on radio or TV saying "How far we've got to go." Looking back on his experience, "I don't see any great distance," he commented.

Education

Education today leaves blacks free to do what any other individual is free to do. "You've got your brain. You're a human being. If you're educated you're free." That enables anyone to make it.

Booker T. Washington

One of Ashby's heroes was Booker T. Washington, whose last public function was arranged by Ashby. He would very much like to be like Booker T. Washington, he said.

Referring to a frequent criticism that Washington was a "toy" of the white man, Ashby revealed that unknown to many the Negro educator would go to speak to rich white audiences at their banquets until 10 or 11 P.M., then to a Negro group until 2 or 3 in the morning. Then he caught his train. By smiling at white people, he raised a lot of money for his work. "He gave more than storybooks tell," concluded Ashby.

Time may well reveal that William M. Ashby did the same, in his long and productive life here on Earth.

Lewis Graves and Pat Foley

Which Cross Is Yours?

On that hill of Calvary there were three crosses. The crosses were the same and the methods of death were the same, and yet how vast a difference there was in those three crosses. The cross of hostile thief was the cross of rejection; the cross of the penitent thief was the cross of acceptance; while the center cross, on which our Lord was crucified, was the cross of redemption. Little did posterity realize the role these crosses would play in the drama of mankind.

The thief, coarsened and hardened in sin, derided Christ in the hour of his dying. Not even the solemnities of death could wipe out the blasphemies from his lips or prevent him from spitting out his foul aspersions. "If Thou be Christ," he says in a raucous and derisive voice, "save Thyself and us". He was bitter spurning the Good on the day of his dying, and cursing his way to hell in the most solemn hour of all history. His was a cross of rejection. His own comrade said of their condemnation that it was truly deserved, but this robber, dying with the Savior, had the chance even then to change his cross to a crown, but he threw it away. There are people like that today. They have a cross, and they become bitter. It might be an affliction which they could not help, or it might be a wrong cruelly done them by another; but instead of wresting it to their good, they twist it to their greater loss.

The cross of the penitent thief became a cross of acceptance. The last kind word spoken to our dying Lord was spoken by this penitent thief. Years in sin had not so blunted his moral perceptions that he was incapable of recognizing a Good Man. Through the hammer strokes he heard not a torrent of curses but a prayer, "Father, forgive them for

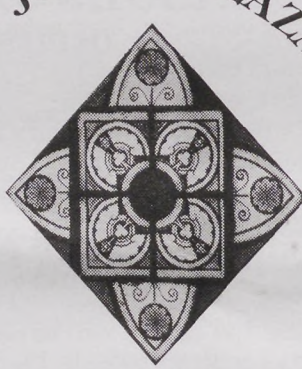
they know not what they do." Evil man though he was, he feared God. Faith rose in his soul; fear and hope, and strange remembered teachings of Jesus mingled in his mind, and rushed in appeal from his parched lips. "Jesus," he cried, "...remember me when Thou cometh into Thy kingdom." And Jesus said: "Verily I say unto thee, today shalt thou be with me in paradise." There are things to be learned in suffering and frustration. Sooner or later all of us come to some kind of Calvary in our lives. It may seem to happen by cruelty or neglect by others; or by our own folly, ignorance, mistake, or sin. Sin has widely invaded our nature and has spread like an obscene tide over the earth. Even with our myopic vision we can see the havoc of sin; and are cognizant that sin always takes its price and someone must pay for it.

Now redemption is the act of freeing man from the consequences of sin by the sacrificial death of Jesus Christ — the reconciliation of God and man. On the third cross — the central cross, the cross of redemption, penitence was met with pardon, the power of sin was broken, devitalized. Jesus took the sting out of death and opened the kingdom of heaven to all believers. Our Lord drew sin into battle and beat it, and overcame evil by love. He bore our sins and offered a perfect penitence for man he dearly loved, snatching him from sin's dominion. There on the central cross the past was dealt with and the future secured. Jesus said, "And I, if I be lifted up from this earth, will draw all men unto me." And he was lifted up!

On that hill of Calvary there were three crosses. Which cross is yours?

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Springfield Branch
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